

# A Support Group for Parents in Gilbert

Announcing a New PAL Meeting on **Tuesday Evenings**

At **Sun Valley Church** (Room 116A in Building "A")

456 E. Ray Rd. (Just E. of Gilbert Rd.) Gilbert, AZ 85296



## **There is Hope!**

PAL meets *every* week at 17 locations across Arizona (and two in Indiana). PAL provides continuing education and support, at no charge, for parents trying to save a son or daughter from addiction to alcohol or drugs.

## **For Spouses Too**

PAL can also help spouses who are forced to *act like the parent* to their addicted partner who is abusing alcohol or drugs. (All other family members and friends are also welcome to attend our meetings).

## **You are Not Alone**

By attending our meetings, you will learn proven ways to help your loved one have a permanent recovery from addiction. You will also be able to give and receive support from others who are facing the same challenges you are. Everyone is welcome. No need to register, just show up at a meeting.

Groups are facilitated by volunteer parents trained by Mike Speakman, licensed substance abuse counselor.

For more Information about the group, go to: [www.palgroup.org](http://www.palgroup.org)

Parents of  
Addicted  
Loved Ones

**(PAL)**



At Sun Valley Church

**Tuesday Evenings**

**7:00 – 8:30pm**

**There is no cost**

**For this meeting**

For location information,  
Sun Valley Church: 480.632.8920