

## How to support PAL-does not cost you anything!



### **Fry's (Kroger's) Food Store:**

- 1) Go to <https://www.frysfood.com/>
- 2) Click on community/community rewards.
- 3) Click on Enroll now if you have a Fry's VIP, if not, click on blue *click here* to create one.
- 4) Sign in using your normal Fry's username and password. (If you do not have an account it is simple to create one – just follow the directions on the page)
- 5) Select *Parents of Addicted Loved Ones-PAL Gilbert AZ*
- 6) Fry's will then prompt you that you are enrolled properly and that you have selected PAL as your preferred organization. Please make sure that **every time** you shop at Fry's that you type in your VIP card or Alt ID (typically phone #) at checkout-by doing so you are supporting PAL.
- 7) The above Fry's instructions **need to be renewed annually** in August of each year.

**Many, Many thanks** for taking a brief 10 minutes on your computer or Smartphone to support PAL!