

Qualities Worth Mentioning (continued)

Faith/Hope – a bedrock belief in God and an unwavering trust in His providence. A clear sense that life has purpose and that this purpose will be providentially fulfilled. It is the “True North” needed when life is unclear and confusing. It is from this wellspring that courage flows.

Love – a sense of being connected to others as members of a community (family, friends, church, etc). As a member we should avail ourselves to the wisdom, care and support of others as well as generously return these gifts to those in need. A willingness to bear with each other’s shortcomings and encourage each other to be our best!

The journey of addiction and recovery is not one for the faint of heart. It requires courage, faith, love and more. As you meet with your PAL group this month I hope you will talk about how these qualities can be lived out in your life and the lives of those in your group.

Blessings,
Ron