



August 2019 Newsletter

Dear Friends,

Mike Speakman the founder of PAL used to say, when referring to an addicted loved one, “People don’t change when they see the light. They change when they feel the heat.” It’s been nearly 115 degrees on occasion this month in Phoenix and that statement takes on new meaning. Not that I want to wish away the summer, but in Phoenix we look forward to fall and winter!

PAL continues to grow and reach more and more families with a message of hope. If you attend a meeting, please take a minute to thank your facilitator for their incredible gift of time and effort to make meetings possible. If you have ever thought about facilitating, now is the time! Be a back-up facilitator or start a new meeting and join nearly 300 current volunteers who truly get to see the amazing changes that PAL makes in the lives of others.

This summer we have our Share the Blessing Campaign taking place and thank you to those who have already been sending in their donations. We hope the opportunity to give back to your group is yet another incentive to participate. We also have our annual banquet coming on October 26th. Tickets will go on sale soon and we look forward to seeing you there! We are planning on 500 guests this year and we have moved to a hotel venue to help accommodate our growth. If you are not from Arizona, please think about coming and being a part of this event and enjoy some wonderful weather in late October.

Last month I introduced you to one of our two new board members, Joey Landin. This month I would like to introduce our other new board member, Mary Peters. Mary currently is the president of Mary Peters Consulting group and was the U.S. Secretary of Transportation under President George W. Bush. Mary not only brings her tremendous knowledge of government operations and political understanding but has a heart for this issue as well. As PAL grows, it is imperative that we do so strategically and position ourselves to provide the best program we can in the most efficient way that we are able.

I am excited to announce that we received grant funding to extend further evaluation of PAL’s effectiveness. Professors from Northern Arizona University launched the next long-term study of PAL in July and we are sending information out to facilitators on this new evaluation protocol. We are looking for people as they first start PAL to participate and we hope to follow people over time to see the impact of PAL.

Our bloggers are back with great information, and our testimonial from a parent is inspiring. Thanks everyone, I do hope and pray for the loved ones still struggling that they would find their way, and those in recovery would become more and more resilient and parents and families would continue to benefit in healthy ways from PAL.

Blessings,

Kim Humphrey

PAL Executive Director